

2015

TRAINING PROGRAMME



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Introduction

Please find enclosed the PEG annual training programme, where you will find an array of courses designed to enhance you, your staff and your business. We can now offer accredited, practical courses for Activity Professionals through our 1st4Sport training centre and theoretical courses for business development.

Our team of expert facilitators will be delivering and presenting training in a number of regions across the UK, meaning there will be courses locally for you and your staff.

We will also shortly be launching our brand new online training platform offering courses that you will be able to access in the comfort of your own homes.

Booking Your Training couldn't be easier.

- Courses are available for booking via the Premier Education Group online store.
- Naturally, there is limited availability on all the courses on offer and places will be allocated on a first come first served basis.
- To book onto any of the courses simply head to www.premiereducationgroup.myshopify.com with your payment card to hand.

PEG Induction Modules

PEG Induction Modules – Are the key to the business, the ‘how to’ training derived from our operational manuals. These modules to each business function provide the processes and systems that have been tried and tested over many years. All modules are completed by anybody owning or managing a franchise/licence in the PEG range, but can also be accessed one by one to staff members wishing to be delegated more business responsibility. Modules are available in the following areas Product Orientation, Sales, Recruitment, Policy & Procedures, BMS, Delivery, Finance and Marketing.

January	April	Sept	PEG Module
7th	8th	2nd	PS Product Orientation or PPA Product Orientation
8th	9th	3rd	Sales
9th	10th	4th	Recruitment
12th	13th	7th	Policies & Procedures BMS
13th	14th	8th	Delivery Day 1
14th	15th	9th	Delivery Day 2
15th	16th	10th	Finance
16th	17th	11th	Marketing

- **Product and Orientation** - getting to know the products, how they can inter link and can be packaged.
- **Sales** - how to sell into schools using Sport & Physical Activity as the vehicle to solve problems for head teachers.
- **Recruitment** - finding, recruiting and developing the right staff for your business.
- **Policies and Procedures** - ensuring consistency in all operational activity including, Health & Safety, legal, employment, industry support and safeguarding.
- **BMS** - System functionality, uploading, compliance and business dashboards.
- **Delivery** - planning, preparation, delivery and assessment of activities in a variety of settings.
- **Finance** - making sure everything adds up from VAT numbers to cash flow forecasts.
- **Marketing** - getting the right product and service to the customer at the right price, in the right place, at the right time with the right people.

All of our training is designed to be engaging and participative. Some modules will be delivered as a hands on practical session and others will be via eLearning.

If you would like to book onto one of the Premier Education Group Induction Modules, please contact Mel Jackson directly on 01953 499043 or mjackson@premier-education.com

“I found the induction programme a great experience and extremely beneficial. The different modules that are covered give me a great insight into the different areas of the business/franchise model and how each element could impact my business. The whole programme gives head Activity Professionals, managers and directors a chance to share experience and gain knowledge about what is a vitally important industry to the health and well being of children. The nicest thing about the induction is that everyone in the room shares the same passion for physical activity”. Adam Palmer – New Franchisee

Sports Courses

1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)



Developed in partnership with the Association for Physical Education (afPE), the Level 2 Certificate in Supporting Learning in Physical Education and School Sport aims to provide learners with an introduction to a number of roles through an engagement with physical education and school sport (PESS), including teaching, activity leadership and coaching for young people. The qualification provides learners with guidance on further opportunities, including how to contribute to PESS programmes as a sports leader, coach and teaching assistant. While this qualification is delivered through the medium of PESS, the skills may be used by learners working in other sporting environments, under appropriate guidance.

The qualification provides:

- a basis on which to make informed choices about an appropriate career in physical education and school sport
- an opportunity to develop an understanding of supporting learning in physical education and school sport
- an opportunity to develop physical education and school sport knowledge and skills that can be applied to different educational and school sport related settings, such as coaching
- delivered by Premier Sport the course will also link Premier Sport products to the teaching principles applied

Course duration: **3 days**

Course cost: **£270** (inc VAT)

Prerequisites:

- Up to date BMS profile including; first name, surname, DOB and address.
- Learners are required to be aged 16 years or over, prior to registration.

North West	16th – 18th February
Midlands	30th March – 1st April
South East	27th – 29th May
North East / Yorks & Humber	5th – 7th August
South West	26th – 28th August
Milton Keynes	26th – 28th October

1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport (QCF)



Developed in partnership with the Association for Physical Education (afPE), the 1st4sport Level 3 Certificate in Supporting the Delivery of Physical Education and School Sport (QCF) prepares learners for employment in a school sport setting through providing an introduction to opportunities for them to work as a physical education and school sport professional such as a:

- Higher Level Teaching Assistant (HLTA)
- Teaching Assistant (TA)
- Sports Development Officer
- Sports Coach, Volunteer or Leader

The qualification is perfect for those who already work, or aspire to work, in a physical education and school sport setting as it's specifically designed to provide them with a greater understanding of programmes of study for physical education, the national curriculum and the environment in which they will be operating.

What's more, an additional benefit is that completing this qualification can help learners work towards becoming a TA. This is because it can also lead to the achievement of the Level 3 Award in Supporting Teaching and Learning in Schools (QCF), which is a qualification that provides the underpinning knowledge and understanding for those working directly with children or young people in schools.

“afPE believes that by 2015, coaches employed in or by schools supporting Curriculum time PE should be qualified to a Level 2 National Governing Body (NGB) Award and be working towards a Level 2 and 3 Certificate in Supporting the Delivery of Physical Education and School Sport or equivalent, to comply with the forthcoming afPE Safe Practice Guidance for Schools.”

afPE, March 2013

Prerequisites:

- Up to date BMS profile including; first name, surname, DOB and address.
- Learners are required to be aged 16 years or over, prior to registration.
- Be able to communicate effectively in English (this includes listening, speaking, reading and writing).
- Hold a Level 2 physical education or sport related qualification, examples include:
 - The 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
 - GCSE in Physical Education (Grades A-C)
 - a Level 2 National Governing Body of Sport coaching qualification
 - a Level 2 BTEC in Sport
 - a Level 2 qualification in sports/activity leadership or
 - a 1st4sport recognised equivalent

Course duration: **6 days**

Course cost: **£550** (inc VAT)

Midlands

17th – 22nd August

1st4sport Level 2 Award in Multi-Skills Development in Sports (QCF)



Developed in partnership with sports coach UK and other experts within the sector, the 1st4sport Level 2 Award in Multi-Skills Development in Sport (QCF) provides learners aged 17 and over with an introduction to the processes and principles of supporting child development through multi-skills.

Learners who achieve this qualification will:

- become qualified to support children's successful participation in sport
- learn how to design, deliver and evaluate multi-skills activity sessions
- make a positive impact on the children they're working with by developing their movement confidence and sport-related skills
- help children master the fundamentals of movement in a fun, imaginative and progressive way
- make sport more enjoyable for children and young people...and much more!

Course duration: **3 days**

Course cost: **£132** (inc VAT)

Prerequisites:

- Up to date BMS profile including; first name, surname, DOB and address
- Be at least 17 years of age (within the academic year 01 Sep – 31 Aug)
- Hold or be working towards a minimum of a QCF accredited Level 2 sports specific coaching qualification or recognised equivalent, such as:
 - Level 2 Award in the Principles for Coaching Sport (QCF)
 - Level 2 Certificate in the Principles and Preparations for Coaching Sport (QCF)
 - 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF)
- Be able to communicate effectively in English (this includes listening, speaking, reading and writing)

Midlands

16th – 18th February

South East

30th March – 1st April

North East / Yorks & Humber

27th – 29th May

South West

5th – 7th August

Milton Keynes

26th – 28th August

North West

26th – 28th October

1st4sport Combined Qualification ****NEW and Exclusive****



Level 2 Award in Multi-Skills Development in Sports (QCF)
 Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF) and
 Level 2 Certificate in the Principles and Preparations for Coaching Sport (QCF)

Designed and developed exclusively for Premier Education Group in association with 1st4sport, this combined qualification merges all of the fundamental qualifications into one. At an exclusive cost of only £385 per learner, this course offers both an efficient and cost effective way of gaining a first-rate qualification.

On successful completion of the qualification, learners will:

- understand the fundamentals of coaching sport
- understand how to develop participants through coaching sport
- support participants' lifestyle through coaching sport
- understand the principles of safe and equitable coaching practice
- be able to assist in the delivery of a sports activity session
- become qualified to support children's successful participation in sport
- be able to make informed choices about an appropriate career in physical education and school sport
- develop an understanding of supporting learning in physical education and school sport
- develop physical education and school sport knowledge and skills that can be applied to different educational and school sport related settings, such as coaching
- a pathway to a career as a physical education teacher
- pathway other opportunities to work as physical education and school sport professionals e.g. Higher Level Teaching Assistant (HLTA), Teaching Assistant (TA), Coach, Sports Development Officer, Volunteer, Leader
- learn how to design, deliver and evaluate multi-skills activity sessions
- make a positive impact on the children they're working with by developing their movement confidence and sport-related skills
- help children master the fundamentals of movement in a fun, imaginative and progressive way
- make sport more enjoyable for children and young people...and much more!

Course duration: **5 days**

Course cost: **£385 (inc VAT)**
****Exclusive Price****

East Anglia - Premier Sport Training Academy

26th – 30th January
 27th April – 1st May
 21st – 25th September

Sports First Aid Course

A short 4 hour course to tutor sports professionals in resuscitation and life-saving skills.

Course aims and objectives:

- To preserve life
- Limit the effect of injury
- Promote recovery

Course Content: This course will cover the following subjects;

- CPR
- Bleeding
- Broken Bones
- Sprains
- Shock
- Choking
- Calling for an ambulance
- Controlling a situation
- Other medical emergencies.

Course cost: **£25 (inc VAT)**

Midlands	15th January, 27th May, 14th August
East Anglia	15th January, 16th April, 10th September
Milton Keynes	15th January, 14th August, 2nd September
North West	16th February, 27th May, 14th August
North East / Yorks & Humber	16th February, 27th May, 14th August
South East	16th February, 14th August, 26th October
South West	8th April, 14th August, 26th October

Independent Coaching Education - Delivering Physical Activity

This course will be delivered through a combination of discussion, seminar, DVD illustration, practical sessions and student led coaching. Approximately 75% will be practical activity.

The course will provide a full introduction to the place of physical activities in the primary curriculum. It will explain the National Curriculum requirements and approaches, and will focus on a child centred delivery model, reflecting good practice as defined by Ofsted criteria. It will enable coaches to establish the foundations of movement skills, and a base of physical literacy and then build sport specific techniques and games on top of these.

Participants will be expected to participate in discussion, take part in practical sessions, devise tasks and coach micro sessions to the group.

On completion of the course, participants will have an understanding of the landscape of primary PE, and the delivery of a child centred approach to activity. They will be equipped to plan and deliver lessons and units of work which reflect contemporary good practice across a range of National Curriculum movement areas.

The course is accompanied by a resource pack, and successful completion leads to the award of the appropriate Premier Sport Certificate and your coach will be qualified to deliver Invasion Games, Cricket, Athletics and Racket Sports (inc Lacrosse) and will cover National Curriculum Requirements and Implications; Building a Foundation of Physical Literacy, Delivering FUNdamentals of Movement and Lesson Planning.

Course cost: **£192** (inc VAT)

East Anglia - Premier Sport Training Academy	22nd & 23rd January
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GO Fence / Leaders Award

The GO/FENCE leaders' course is an introduction to fencing, using plastic and foam equipment. The course is designed to teach PE teachers, young leaders (14+), multi-sports coaches, etc. how to lead fencing sessions using the soft form of the sport. Participants do not need to have any previous experience of fencing in order to attend.



BRITISH FENCING

Course cost: **£50** (plus VAT)

North West	Friday 20th February
Midlands	Tuesday 7th April
South East	Monday 27th July
North East / Yorks & Humber	Monday 3rd August
East Anglia - Premier Sport Training Academy	Thursday 13th August
South West	Monday 24th August
Milton Keynes	Friday 30th October

Gymnastics

This course has been developed by British Gymnastics.



As a result of this course candidates will:

- Understand basic safety principles when working in Gymnastics
- Be able to teach set moves in a safe progressive manner, which takes into account the age and stage of development of the children
- Know how to incorporate apparatus and sequencing into skill work
- Understand that good body management underpins skill development
- Be able to identify and remedy common faults

This consists of six modules including:

- Management
- Rolling
- Static Balance
- Flight
- Travelling
- Hand Apparatus and Paired Work

Course cost: **£145** (inc VAT)

On successful completion of the course candidates will be awarded with a British Gymnastics qualification and a British Gymnastics Teachers handbook.

East Anglia	Saturday 24th January
Milton Keynes	Sunday 22nd February
South West	TBC
East Anglia	Saturday 25th April
North West	Sunday 31st May
North East / Yorks & Humber	Sunday 28th June
South East	Sunday 21st June, Sunday 28 June
East Anglia	Saturday 19th September
Midlands	TBC

Activity Professional Assessment Training

The assessment of Activity Professionals is paramount in ensuring quality and providing accurate CPD to staff. The course will enable participants to assess Activity Professionals competently and confidently in a school or community environment. Covering organisational best practice, the assessment of planning and delivery, following the assessment framework, how to feedback and recommending CPD.

Candidates will be passed on their demonstration of competency in the above areas.

Prerequisites:

- All MOS up to date on the BMS.
- Delivered at least one curricular session assessed to 80% or more in the new format.

Course cost: **£50** (plus VAT)

North West Thursday 19th February

Midlands Thursday 2nd April

South East Tuesday 26th May

North East / Yorks & Humber Tuesday 4th August

South West Tuesday 25th August

Milton Keynes Thursday 29th October

Premier Performing Arts Training

Arts Award Discover & Explore



At this training course, candidates will:

- Meet other professionals who are planning to run Arts Award in a wide variety of settings
- Receive a Discover and Explore advisor toolkit, which details what is required at each level
- Become familiar with the assessment criteria and framework for each level
- Learn how to be the primary assessor for young peoples work for Arts Award
- Ask questions about how Arts Award may work for you in your particular setting
- Learn what happens next and how to move forward with Arts Award

Course cost: **£118** (inc VAT)

Midlands

Wednesday 21st January

Wednesday 22nd April

Wednesday 16th September

Arts Award Bronze & Silver



At this training course, candidates will:

- Get an overview of the ethos and spirit of Arts Award and a chance to explore case studies and examples of work
- Meet other professionals who are planning to run Arts Award in a wide variety of settings
- Get your Bronze, Silver and Gold adviser toolkit, which details what is required at each level
- Become familiar with the assessment criteria and framework for each level
- Learn how to be the primary assessor for young peoples work for Arts Award
- Ask questions about how Arts Award may work for you in your particular setting
- Learn what happens next and how to move forward with Arts Award

Course cost: **£155** (inc VAT)

East Anglia - Premier Sport Training Academy

Friday 27th February

Thursday 4th June

Friday 23rd October

Arts Award Gold



At this training course, candidates will:

- Get familiar with the assessment criteria and framework for the Gold Arts Award (Level 3 qualification, worth 35 points on the UCAS tariff)
- Meet other professionals who are planning to run Arts Award in a wide variety of settings
- Get a chance to explore case studies and examples of Gold level work
- Ask questions about how Arts Award may work for you in your particular setting

Course cost: £108 (inc VAT)

East Anglia - Premier Sport Training Academy

Saturday 28th February
Friday 5th June
Saturday 24th October

PPA IDTA Associate Freestyle Dance Teaching Qualification



The International Dance Teachers Association qualifications are recognised world wide enabling the holder to teach in schools, extra curriculum activities, gyms, stage/drama schools or own dance/theatre school. Once qualified, holders can enter students into IDTA examinations and competitions generating a further income. Each style is taken as an individual course with the option of taking more than one course simultaneously.

Progression Levels;

Pre-Associate – Suitable for students aged 16-17 years with a passion to further their dance teaching career. The pre-associate exam is an introduction to the associate qualification and perfect for students to use as an apprenticeship model.

Associate – Associate level is the first teaching qualification that enables the holder to teach and enter the students in to examinations for grades preparatory and up to and including intermediate grades.

Licentiate – Enables to both teach and enter the students in to advance 1 professional level grade. Students must have compete and hold an associate teaching qualification before being able to take a licentiate teaching qualification.

Fellowship – Fellowship is the highest level of qualification within the IDTA and teachers who have reached this level may apply to become examiners of the IDTA.

Course cost: £60 (inc VAT)

Midlands

Thursday 22nd January
Thursday 23rd April
Thursday 17th September

PPA Technical Dance

A technical dance workshop perfect for Activity Professionals to be introduced to the performing arts way of delivery. The workshop will include ideas for curricular, extra curricular, effective use of resources and products and practical workshops in street dance, cheerleading, contemporary and/or Bollywood.

Course cost: £60 (inc VAT)

Midlands

Friday 23rd January
Friday 24th April
Friday 18th September

PPA PO Silver/Gold

Exclusive to PPA Managers/Licensees (only 1 place per license) after the Bronze Product orientation has been completed - these two additional training days are including in the upfront license cost.

East Anglia - Premier Sport Training Academy

PPA PO Silver - Thursday 26th February
PPA PO Gold - Wednesday 3rd June
PPA PO Silver - Thursday 22nd October



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