

FAO Headteacher & PE Coordinator



We provide a wide variety of sport and physical activity programmes for young people throughout the UK. Choose from our curriculum support programmes through to, lunch time, after school and holiday activities, for children of all abilities and interest.

**Inspiring Young People  
Through PE & Sport**

For more information visit  
[premiersport.org](https://www.premiersport.org)

Alternatively call 01953 499040

## Premier Sport

Premier Sport is the UK's largest children's coaching company, successfully delivering more than 20,000 sport and physical activity sessions every month. We support schools and teachers in their curriculum delivery and provide parents with an invaluable service before, during, afterschool and throughout holiday periods.

Since its inception in 1999, Premier Sport has strived to push the boundaries of what excellent sport and physical education looks like. As a founding member of COMPASS (The Community of Providers of Physical Activity and School Sports), and the first organisation of its kind to be awarded the highly prestigious Quality in Study Support (QiSS) kitemark, Premier Sport works closely with schools across the country to inspire children to live a healthy, fit and fun life.

We're very proud and fortunate to have the backing of some of the most recognised people in the world of sport and physical activity and have strong partnership with key organisations which help regulate and improve the industry in which we work. Premier Sport's Activity Professionals are all National Governing Body qualified and have industry leading insurance, liability and safeguarding certification.



### A complete service...

We provide a complete wrap-around service to schools, pupils and parents. Programmes such as INSPIRE to Achieve is the 'vehicle' to develop the child in terms of social skills, behaviour, attitude, respect and emotional wellbeing.

We work flexibly with schools to help them achieve their goals and make a significant contribution in terms of values, ethos and standards. All professionals who deliver sessions outside of school hours ensure participants have a rewarding, fun experience.

Our OSHL programmes have proven to improve classroom behaviour, stimulate academic performance and improve attendance. We also provide parents with feedback at the end of each of block of activity. This reporting highlights the learning outcomes and progress of the child.

Our professionals deliver breakfast, lunchtime, afterschool and holiday programmes in over 50 different activities. And as our Activity Professionals are specialists, you can be safe in the knowledge that your pupils will be getting the best possible delivery.

## Introducing the Inspire Programme



The Inspire Programme is a groundbreaking initiative from Premier Sport.

The Programme offers schools tailor made suites of sport and activity options which are targeted towards achieving curriculum outcomes. It is designed to be inclusive, with complete activity structures to engage all pupils, from those not normally inspired by sport, through to the budding stars of the future.

The Inspire Programme brings PE into each level of the curriculum, from pre-school and foundation right through to adult and community sport. Our aim at Key Stage 1 and 2 is to lay the foundations for a life long journey of learning opportunities through sport and physical activity.

### Inspire to Achieve

The Inspire to Achieve programme has four pillars which differentiate and enhance learning. It is designed to be inclusive, with complete activity structures to engage all pupils, from those not normally inspired by sport, through to the budding stars of the future.



### START Active

START Active are stimulating but not over-stimulating and support learning achievement in every area of the curriculum. To integrate an element of physical activity to children before school begins can engage their minds and prepare them for the day ahead.

### STAY Active

The STAY Active programme delivers 30 – 45 minute long sessions during lunch breaks. Lunch breaks are ideal opportunities for children to engage in physical activity, encouraging a balance of physical and mental challenges throughout the school day.

### PLAY Active

The PLAY Active programme is an extra-curricular programme designed to make activity fun for those who may need extra encouragement to take part. The aim of PLAY Active is to encourage non-sporty children to get physically active through structured activities.

### SPORT Active

SPORT Active programme typically run in 60 minute sessions after school. SPORT Active introduces the skills, techniques, rules and regulations of a wide variety of sports and activities, from basketball to gymnastics, football and many more.

### Inspire to Compete

The Inspire to Compete programme offers inclusive opportunities to 'inspire' children to engage in sport and physical activities with the opportunity to feel success through competition.

The programme aims to increase child confidence and to develop the ability to win and lose respectfully. **Inspire to Compete** prepares children for competition by introducing rules and skill familiarisation sessions prior to the event which gives children the ability to learn and play to rules ethically.

We are aware that some children do not feel wholly comfortable playing as part of a team. Competition can be played individually as well as part of a team. We also have included non-strenuous sports, which provide opportunities for physically inactive children to compete and 'feel success'.

The **Inspire to Compete** programme liaises with local school PE subject leaders, helping select and prepare teams for inter-school competitions. The programme can also deliver inter-school tournaments and 'personal best' challenges throughout the year. The **Inspire to Compete** programme meets the needs of Ofsted and Sport Premium that suggest more emphasis should be placed on competition.

"I am delighted that we selected Premier Sport to support the staff in their Professional Development as there has been good progress made by both staff and children in the skills for Physical Education and Sport."

**Ruth Whittaker**  
Head Teacher | Manor Park Primary School

### A high proportion of schools said:

"Premier Sport's Stay Active clubs had a hugely positive impact on improving behaviour at lunchtime"



“We are extremely pleased with the way in which Premier Sport has worked with us to allocate the new sport premium funding across the school in order to deliver outstanding curriculum and extracurricular PE through a professional development model.”

In achieving the 'Outstanding' rating,  
**Head Teacher Mrs. Julie Stuart**  
heaped special praise on Premier Sport  
for working alongside her staff to  
deliver their sport and physical education.

## The National Curriculum

At the core of the Inspire Programme is delivery, support and enhancement of the National Curriculum for PE.

Our aim has been to create a fully rounded programme which works in close partnership with schools, finding the best way to inspire individuals and to provide them with opportunities to learn and achieve. With the help of our senior education advisors, we supply structured lesson plans with specific learning outcomes that address all sporting and physical activity areas.

We work flexibly with schools to help them achieve their goals and make a significant contribution in terms of values, ethos and standards. All professionals who deliver lessons within the curriculum will provide an individual child assessment of learning progress which schools can use as part of their reporting process.

Our reputation has been built on providing high quality, long-term solutions to curricular Activity Professionalising needs in thousands of primary schools across the country. As Premier Sport Activity Professionals are specialists, you can be safe in the knowledge that your school is not just meeting government targets for PE but setting itself up to surpass them.

## Unique School Portal

As well as our practical teaching sessions, unique to the Premier Sport offer is our free package of online support through our Schools Portal.

This can integrate with your own school website to offer public information to parents and the community as well as providing a host of learning resources.

### The Portal includes:

- Bespoke parent facing webpage with all current and forthcoming courses listed, a requirement of the PE and School Sport funding.
- Individual pupil performance / attainment records for each attended course, a requirement of the PE and School Sport funding.
- Course assessment and attainment views showing learning objectives and outcomes.
- Course detail views that show descriptions, dates, times, capacity and uptake, coaching Activity Professionals and a link for the school only to view attending pupils
- Schools able to promote link for parent sign up, which even allows you to differentiate and invite certain groups on activity, such as Gifted & Talented or non-sporty
- Contacts section where all relevant contacts and course specific personnel are shown with photo, biography, certifications / qualifications and contact details

Please contact us if you have any inquiries or if you want to know more about our programmes.

**Email: [school@premiersport.org](mailto:school@premiersport.org)**

**[www.premier-education.com](http://www.premier-education.com)**

**Call: +44 (0)1953 499 040**

**Fax your details to 01953 498 693**

Name of school: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_