

Christmas Camp Plans

Please find below a detailed outline of activities, timings and ideas to help support your PPA Christmas camps this half term. These are obviously a guide as all camp timings, facilities, and staffing expertise will vary slightly. Please feel free to adjust timings, alter the dance styles you use, and generally pick and chose from the content. **There is a performance at the end of each day so remember to text/email/remind parents on the day to arrive at 15.40 to see the show!**

Happy planning everyone and we really hope this helps make your camps as fun and successful as possible.

Suggested Overview and Timings

8.00 – 9.30: Frosty Fun and Christmas Creativity: During early drop off it can be quieter with less children, but it is absolutely imperative to ensure that everything is completely set up by 8am (or whatever time your camp starts), and the very first child enters an organised and ‘ready’ camp.

Every child must be warmly welcomed, the formal registration process must take place, and parents must leave with a password for collection, feeling their child is safe, secure, and well cared for in a well planned, organised environment.

This morning slot should have music playing, and consist of games, dance games, craft, or reading dependent on your numbers, facilities and equipment. This can be a great opportunity to junk model ‘sets’ for the performance, create any props such as masks, or make posters/programmes.

9.30 – 9.45: Snowy Ice Breakers: The purpose of this activity is to encourage children to build confidence, foster and develop relationships, and enhance communication skills. You can use both activities below, or alternate from one day to the next dependent upon time.

Activity Name: Snowflake Stories	Dance Activity: Ice Breaker
Risk Assessment: Ensure there is appropriate space for all participants and ensure all speaker wires are safe and not a trip hazard and safety thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 5 - 15 mins. (9.30 – 9.45)
Learning Expectations: - Communication, listening skills	Age Range: 4 - 12

Activity Description:

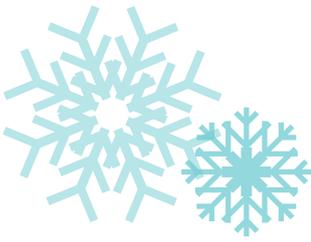
Play Christmas themed music quietly in background. Everyone sits in a big circle: Deliverer starts the story with: “Many years ago one snowy Christmas Eve, Father Christmas realised there was a big problem” you go around the circle and each child takes it in turns to add on a sentence to the story.

Inclusion Ideas:	Low No’s Ideas:
SPACE: N/A	N/A
TASK: Get younger children to think of a word, rather than sentence for the story.	Delivery Tips: Children may struggle to come up with ideas. Be ready to support/prompt. Give points for the silliest/funniest/most ‘Christmassy’ parts of the story.
EQUIP: Print off Christmas images/flash cards to help prompt ideas.	
PEOPLE: Have children in pairs if they are struggling for ideas.	

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Activity Name: Christmas Shopping

Dance Activity: Ice Breaker

Risk Assessment: Ensure there is appropriate space for all participants and all speaker wires are safe and not a trip hazard. Explain safety thoroughly to avoid any accidents or injuries.

Equipment: Speakers, music

Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum

Timings: Approx. 5 - 15 mins. (9.30 – 9.45)

Learning Expectations:

- Communication, listening skills

Age Range: 4 - 12

Activity Description:

Children to sit in a circle. “Deliverer starts by saying ‘I went to do my Christmas shopping and I bought a bike’ The child next to them then repeats “I went to do my Christmas shopping and I bought a bike and a...” they add something onto the Christmas list. One by one each child takes it in turns to try and remember the list and add on their own item.

Inclusion Ideas:

SPACE: Have 2 circles.

TASK: For younger children, provide more examples.

EQUIP: Print off some Christmas images/flash cards to help prompt ideas/memory if needed.

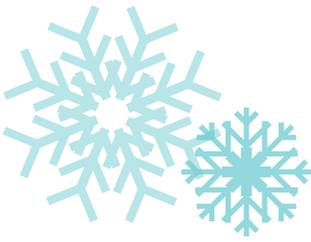
PEOPLE: Alternate younger/older children to help flow of game.

Low No’s Ideas:

Can be played with low numbers.

Delivery Tips:

Help the younger/less confident children remember the list.



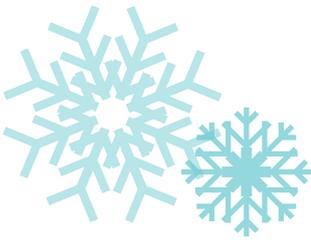
9.45 – 10.30: Activity 1 - Jingle Bell Jazz: The purpose of this activity is to encourage children to develop their skill level and performance technique. Advised structure is to play the two games below for 10 – 15 minutes, then to spend 30 minutes creating a piece of choreography to perform for the parents in the afternoon. (Feel free to substitute the 2 games with any festive game ideas of your choice!).

Activity Name: Musical Statues (Music of your choice)	Dance Activity: Preparation
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 5 mins. (9.45 – 9.50)
Learning Expectations: - Balance, coordination	Age Range: 4 - 12

Activity Description:

Play music for children to freestyle in a space. When the music stops deliverer pretends to 'freeze' the children with a freeze gun or ice powers and children have to freeze and make an ice statue.

Inclusion Ideas:	Low No's Ideas:
SPACE: You can give direction during the freestyle section on use of level, direction and pathways.	N/A
TASK: Get older children to follow jazz-specific dance moves led by deliverer. Use mirror image in pairs for freeze section.	Delivery Tips: Children may struggle to control balance during freeze sections. Talk about body tension, extension, centre of mass over base of support.
EQUIP: N/A	
PEOPLE: Have children in ability pairs if appropriate.	



Activity Name: Christmas Corners (Music of your choice)

Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.

Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum

Learning Expectations:

- Control, balance and choreography skills

Dance Activity: Introduction to Choreography

Equipment: Speakers, music

Timings: Approx. 5 - 10 mins. (9.50 – 10.00)

Age Range: 4 - 12

Activity Description:

Position corner cards (Snowflakes, Father Christmas, Rudolf, Elves). Children freestyle in the centre of the room to Christmas themed music. When the deliverer stops the music the children run to one of the corners and do actions that they think fit the word in that corner. Deliverer covers eyes, and shouts out a corner, whoever is in that corner comes and sits with deliverer.

Inclusion Ideas:

SPACE: Make the space smaller. Provide spots to help spacing for younger children.

TASK: For younger children provide more examples.

EQUIP: Use picture cards for younger children.

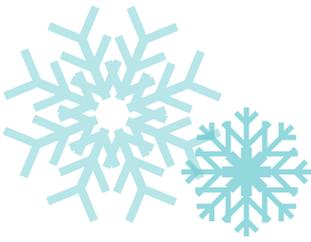
PEOPLE: Get more abled children to demonstrate ideas.

Low No's Ideas:

Can be played with low numbers.

Delivery Tips:

Identify good ideas and get children to demonstrate so less able children are supported. Join in during freestyle section to build confidence and support.

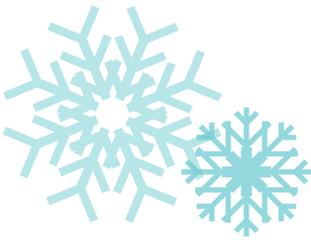


Activity Name: Jingle Bell Jazz Choreography (See weekly camp overview for music suggestion)	Dance Activity: Choreographed Performance Piece
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 30 mins. (10.00 – 10.30)
Learning Expectations: - Fluency and control - Creativity	Age Range: 4 - 12

Activity Description:

Teach the group a short Christmas based Jazz motif to the song recommendation or your chosen song. Children can be asked to contribute a small piece of choreography either individually, in pairs, or in small groups to help build a short performance piece to show at the parent performance.

Inclusion Ideas:	Low No's Ideas:
SPACE: Younger/less abled children may need to stay in place rather than transition around from space to space. More abled and older children can experiment with formation, direction and level more easily.	May not be possible to work in small groups, may have to stay as individuals and pairs.
TASK: Children can be asked to produce single actions or longer pieces of choreography individually, in pairs or in groups.	Delivery Tips: Focus on flow and transition between movements and performance skills to include timing, posture and extension.
EQUIP: Use pictures, poems, or props to help the children create their own ideas and sections of dance within the overall piece if needed.	
PEOPLE: Get children working individually, in pairs or in groups.	



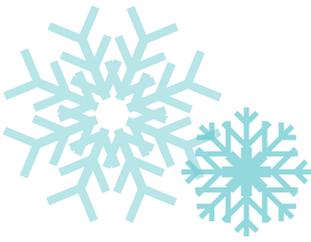
10.30 – 10.45: Activity 1 - Jingle Bell Jazz Rehearsal: Once you have created Christmas themed Jazz performance piece spend 10 – 15 minutes staging and rehearsing ready for the parent performance before pick up.

Activity Name: Jingle Bell Jazz Rehearsal	Dance Activity: Performance Skills
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 10 – 15 mins. (10.30 – 10.45)
Learning Expectations: - To focus on performance skills	Age Range: 4 - 12

Activity Description:

Performance piece to be staged and rehearsed, focusing on performance skills, transitions, positioning, entry on and off stage/performance space.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use markers/spots to help less abled children with positioning and spacing.	Can be done with any number of children.
TASK: Spend more time with less abled children, get more abled to help younger/less abled children practice.	Delivery Tips: Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
EQUIP: Spots/Markers for positioning support.	
PEOPLE: Group more/less abled together or assign an older/more abled child to younger/less abled to provide support.	



10.45 – 11.00: Drink/Supervised Loo Break

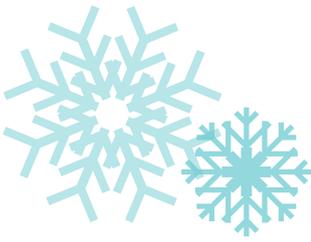
11.00 – 11.45: Activity 2 - Reindeer Rock and Roll: The purpose of this activity is to encourage children to develop their skill level and performance technique. Advised structure is to play the two games below for 10 – 15 minutes, then to spend 30 minutes creating a piece of cheerleading choreography to perform for the parents in the afternoon. (Feel free to substitute the 2 games with any festive game ideas of your choice!)

Activity Name: Rocking Robin Alphabet	Dance Activity: Preparation
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 5 - 10 mins. (11.00 – 11.05 / 11.10)
Learning Expectations: - Balance, coordination, teamwork	Age Range: 4 - 12

Activity Description:

Play music for children to Rock and Roll freestyle in a space. (show some basic rock and roll actions before hand) When the music stops deliverer calls out a letter of the alphabet. Children have to find their partner and make that letter with their bodies.

Inclusion Ideas:	Low No's Ideas:
SPACE: You can give direction during the freestyle section on use of level, direction and pathways.	N/A
TASK: Get older children to follow Rock and Roll specific dance moves led by deliverer.	Delivery Tips: Children may struggle to control balance or show clear extension during alphabet sections. Talk about body tension, extension, centre of mass over base of support.
EQUIP: N/A	
PEOPLE: Have children in ability pairs if appropriate.	

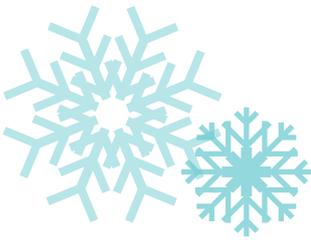


Activity Name: Festive Groups	Dance Activity: Preparation
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 5 - 10 mins. (11.05 /11.10 – 11.15)
Learning Expectations: - Control, balance	Age Range: 4 - 12

Activity Description:

Children have to move around the room to music. When the music stops, deliverer calls out a number and the children have to get into a group of that number.

Inclusion Ideas:	Low No's Ideas:
SPACE: Encourage use of pathways, levels, directions.	Can be played with low numbers.
TASK: For younger children, provide more examples.	Delivery Tips:
EQUIP: N/A	Ensure safety whilst moving around in the space. Encourage use of changes in level, direction and pathway if appropriate.
PEOPLE: Encourage shy children into groups.	

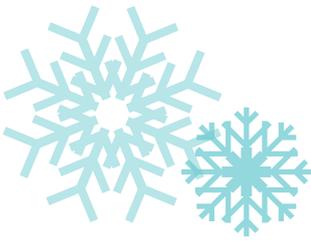


Activity Name: Reindeer Rock and Roll Choreography	Dance Activity: Choreographed Rock and Roll Performance Piece
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 30 mins. (11.15 – 11.45)
Learning Expectations: - Fluency and control - Creativity	Age Range: 4 - 12

Activity Description:

Teach the group a short Rock and Roll motif to your chosen song (see weekly camp overview for suggestions). Children can be asked to contribute a small piece of choreography either individual, in pairs, or in small groups to help build a short performance piece to show at the parent performance at pick up time.

Inclusion Ideas:	Low No's Ideas:
SPACE: Younger/less abled children may need to stay in place rather than transition around from space to space. More abled and older children can experiment with formation, direction and level more easily.	May not be possible to work in small groups, may have to stay as individuals and pairs.
TASK: Children can be asked to produce single actions or longer pieces of choreography individually, in pairs or in groups.	Delivery Tips: Focus on flow and transition between movements and performance skills to include timing, posture and extension.
EQUIP: Use pictures, poems, or props to help the children create their own ideas and sections of dance within the overall piece.	
PEOPLE: Get children working individually, in pairs or in groups.	



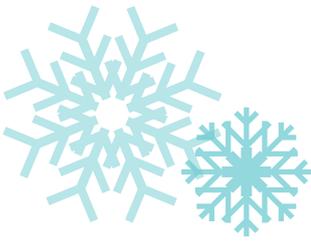
11.45 – 12.00: Activity 2 - Reindeer Rock and Roll Rehearsal: Once you have created a short Rock and Roll performance piece spend 10 – 15 minutes staging and rehearsing ready for the parent performance before pick up.

Activity Name: Terrific Cheerleading Rehearsal	Dance Activity: Performance
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 10 – 15 mins. (11.45 – 12.00)
Learning Expectations: - To focus on performance skills	Age Range: 4 - 12

Activity Description:

Performance piece to be staged and rehearsed, focusing on performance skills, transitions, positioning, entry on and off stage/performance space.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use markers/spots to help less abled children with positioning and spacing.	Can be done with any number of children.
TASK: Spend more time with less abled children, get more abled to help younger/less abled children practice.	Delivery Tips: Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
EQUIP: Spots/Markers for positioning support.	
PEOPLE: Group more/less abled together or assign an older/more abled child to younger/less abled to provide support.	



12.00 – 12.30: Christmas Creativity: This half hour slot gives some time for some crafty, creative fun.

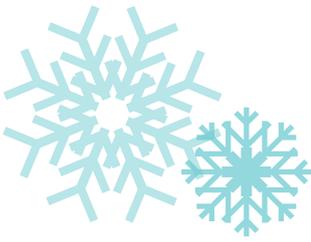
Activity Name: Christmas Creativity	Dance Activity: Craft
Risk Assessment: Ensure all equipment is appropriate and child friendly (glue, scissors, pens etc.)	Equipment: Craft equipment: pens, pencils, colouring books, junk modelling items, reading books etc.
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 30 mins. (12.00 – 12.30)
Learning Expectations: - To focus on creativity	Age Range: 4 - 12

Activity Description:

Use this half an hour to offer the children some theme-related craft time. This may be junk modelling set or props for the performance, creating posters, tickets or programmes to give to parents for the show, pictures, colouring, reading etc.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use tables or floor space dependent on task.	Can be done with any number of children.
TASK: Have a range of craft opportunities.	Delivery Tips:
EQUIP: Use safety scissors, left handed scissors, child friendly glue. Provide templates for less abled/younger children.	Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
PEOPLE: Group more/less able together or assign an older/more able child to younger/less able to provide support.	

12.30 – 13.00: LUNCH: Children to enjoy their packed lunches and some down time. For those children who finish early, reading or rehearsal time for individual/pair/group performances for the show later can be utilised.



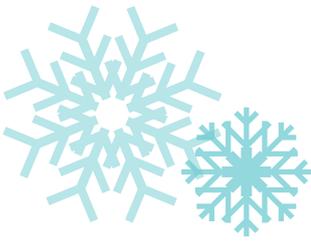
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Activity Name: Christmas Creativity	Dance Activity: Craft
Risk Assessment: Ensure all equipment is appropriate and child friendly (glue, scissors, pens etc.)	Equipment: Craft equipment: pens, pencils, colouring books, junk modelling items, reading books etc.
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 30 mins. (13.00 – 13.30)
Learning Expectations: - To focus on creativity	Age Range: 4 - 12

Activity Description:

Use this half an hour to offer the children some theme-related craft time. This may be junk modelling set or props for the performance, creating posters, tickets or programmes to give to parents for the show, pictures, colouring, reading etc.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use tables or floor space dependent on task.	Can be done with any number of children.
TASK: Have a range of craft opportunities.	Delivery Tips:
EQUIP: Use safety scissors, left handed scissors, child friendly glue. Provide templates for less abled/ younger children.	Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
PEOPLE: Group more/less able together or assign an older/more able child to younger/less able to provide support.	



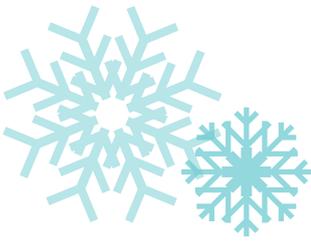
13.30 – 14.15: Activity 3 - Christmas Carols: The purpose of this activity is to encourage children to develop their skill level and performance technique. Advised structure is to play the rhythm game for 10 – 15 minutes, then to spend 30 minutes creating a Christmas Carol for the parents in the afternoon.

Activity Name: Rudolph Rhythm	Dance Activity: Timing and Rhythm
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Percussion instruments (optional: clapping/ stamping are also fine).
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 5 mins. (13.30 – 13.45)
Learning Expectations: - Listening, communication	Age Range: 4 - 12

Activity Description:

Everyone sits in a circle. Deliverer claps a rhythm and the children replicate in a call and response style.

Inclusion Ideas:	Low No's Ideas:
SPACE: Work in smaller circles around the room.	N/A
TASK: Pass the rhythm around the circle to the left with each person making up a rhythm for the next person to copy.	Delivery Tips: Younger children may need very simple counts to copy.
EQUIP: Use instruments if available to increase difficulty.	
PEOPLE: Put children into pairs to create call and response rhythms for each other independently.	

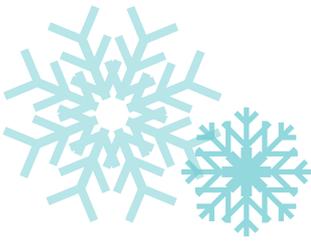


Activity Name: Christmas Carols	Dance Activity: Music performance
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 30 mins. (13.45 – 14.15)
Learning Expectations: - Performance Skills	Age Range: 4 - 12

Activity Description:

Using Christmas Carols of your choice, create a performance that includes singing and dancing or action rhymes.

Inclusion Ideas:	Low No's Ideas:
SPACE: Make the space smaller. Provide spots to help spacing for younger children.	Can be played with low numbers.
TASK: Teach children simple dance, drama or song choices or provide creative opportunities for older children.	Delivery Tips: Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
EQUIP: Props to support actions, movement and performance.	
PEOPLE: Group children according to confidence and capability.	



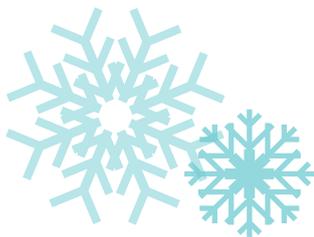
14.15 – 14.30: Activity 3 - Christmas Carol Rehearsal: Once you have created a short Christmas Carol based performance piece spend 10 – 15 minutes staging and rehearsing ready for the parent performance before pick up.

Activity Name: Christmas Carol Rehearsal	Dance Activity: Performance
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 10 – 15 mins. (14.15 – 14.30)
Learning Expectations: - To focus on performance skills	Age Range: 4 - 12

Activity Description:

Performance piece to be staged and rehearsed, focusing on performance skills, transitions, positioning, entry on and off stage/performance space.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use markers/spots to help less abled children with positioning and spacing.	Can be done with any number of children.
TASK: Spend more time with less abled children, get more abled to help younger/less abled children practice.	Delivery Tips: Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
EQUIP: Spots/Markers for positioning support.	
PEOPLE: Group more/less abled together or assign an older/more abled child to younger/less abled to provide support.	



14.30 – 14.45: Drink/Supervised Loo Break

14.45 – 15.45: Activity 4 - Revolting Rehearsal: This hour is to recap the spooktacular street, terrific cheerleading and monstertastic music routines, and pull everything together into the the final performance.

Activity Name: Festive Rehearsal	Dance Activity: Performance
Risk Assessment: Ensure there is appropriate space for all participants to avoid collisions. Check surface for slips and trips. Ensure all speaker wires are safe and not a trip hazard and safety is thoroughly explained to avoid any accidents or injuries.	Equipment: Speakers, music
Quals: Dance equivalent of NGB 2, Dance Activator, Delivering Dance in the Curriculum	Timings: Approx. 10 – 15 mins. (14.45 – 15.00)
Learning Expectations: - To focus on performance skills	Age Range: 4 - 12

Activity Description:

Final parent performance piece to be staged and rehearsed, focusing on performance skills, transitions, positioning, entry on and off stage/performance space.

Inclusion Ideas:	Low No's Ideas:
SPACE: Use markers/spots to help less abled children with positioning and spacing.	Can be done with any number of children.
TASK: Spend more time with less abled children, get more abled to help younger/less abled children practice.	Delivery Tips: Check for children getting fidgety, this is a sign that it is time to move on or re-engage with a STEP change.
EQUIP: Spots/Markers for positioning support.	
PEOPLE: Group more/less abled together or assign an older/more abled child to younger/less abled to provide support.	

15.45 – 16.00: Parent Performance: Parents should be asked to arrive between 15.40 and 15.45 for collection so they can see the final performance.

Pupils to perform all pieces created throughout the day for parents to celebrate their achievements from the day.

16.00 – 17.30: Festive Fun and Christmas Creativity: During late pick up, it can be quieter with less children but it is absolutely imperative to ensure that everything is still completely set up until 17.30, and the very last child leaves an organised and fun camp.

Every child must be formally deregistered, and parents must leave feeling their child was safe, secure and well cared for.

This afternoon slot should have music playing and consist of games, dance rehearsals, craft or reading, dependent on your numbers, facilities and equipment. This can be a great opportunity to junk model 'sets' for the performance, create any props such as masks or make posters/programmes .