

National survey results following Premier Transition programme pilots



100% of nurseries said the Play-Trition programme had a **positive contribution** to their ongoing observational assessment.

100% of nurseries felt children had a **better understanding of health and well-being** following the Play-Trition sessions.

“One of the EYFS areas is health and self-care and it is often difficult to provide opportunities to assess this area. By having Play-Trition, learning has been very natural and the children have shared their knowledge and understanding well.”
Jack Flint from Griffie Field Nursery

100% of nurseries felt the Play-Trition programme contributed to **improved outcomes for children in physical development.**

100% of nurseries felt the Play-Trition programme contributed to **improved outcomes for children in personal, social and emotional development**, with some children making new friends during the activities.

80% of nurseries said **they will continue** the Play-Trition programme following the pilot.

“We had one child who hated going outside and some of the activities prompted him to go outside. We also have a number of children enrolled on the NHS for their weight which we saw a positive impact on.”
Sarah Covell-London | Northgate Primary School & Nursery



Since taking part in the **Fun-Trition programme**, **100%** of children said that it is **important to keep fit and healthy...**

85% of children asked... say that they have **made healthy changes** since taking part in the Fun-Trition programme...

When asked why children thought this was important, the most common responses were...



The 4 Fun-trition **FUNDAMENTALS** have positively underpinned the children's learning. When thinking about keeping healthy, the children suggested considering the following:



84% of parents asked... say **their child has made healthy changes** since taking part in the Fun-Trition programme.

82% of parents... say **their child has talked to them about keeping healthy** since taking part in the Fun-Trition programme.



Those that made healthy changes did so by:



80% of schools said **they will continue** the Fun-Trition programme following the pilot.



100% of adults... and **100%** of schools... said **they will continue** the Fit-Trition programme following the pilot.

“This was a great project that highlighted how much children actually enjoy being healthy when they have the opportunity. We very much valued the programme and thought it very worthwhile and topical.”
Teacher | Moorhead Academy

“We've always struggled as a school to engage with parents and Fit-Trition has massively helped with this aspect.”
Coral Brinklow, Head Teacher Caistor Junior School

For more information on out how Premier Transition can benefit you, visit premiertransition.co.uk